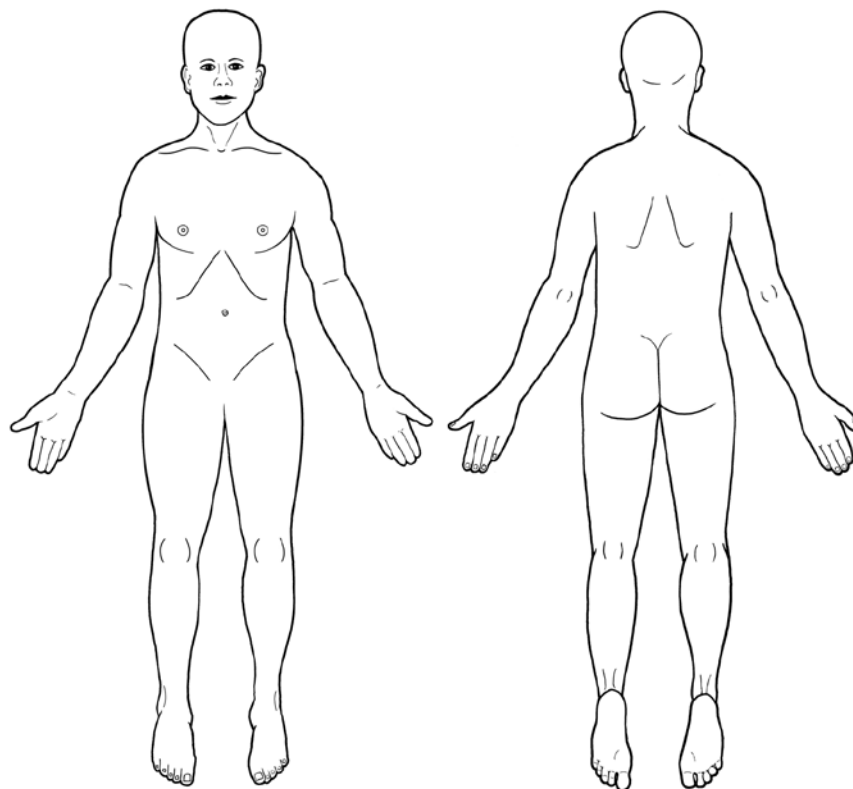
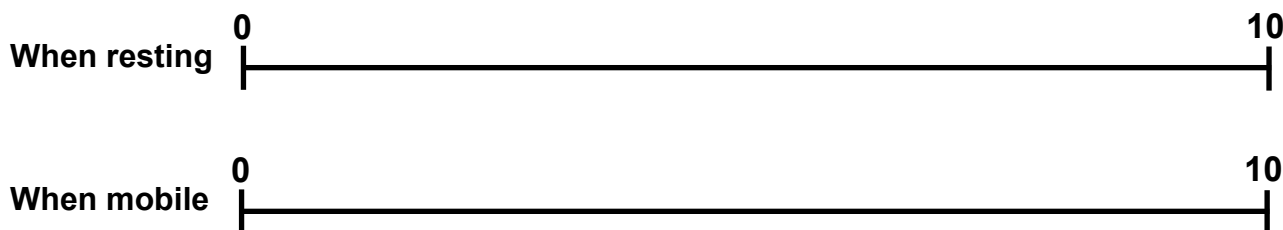


Pain diagram using the Visual Analogue Scale

Mark where on your body you feel pain and describe how the pain feels.
 Number the marked part of the body. If easier, use the symbols at the bottom of this page.



Mark on the scale **how strong** the pain is (1=slight pain, 10=extreme pain),
 specifying the number of the body part subjected to pain.



PAIN

Dull M M M

Stabbing, sharp ///

Throbbing B B B

Burning X X X

Prickly, 'fizzy drink' ::::

Pressure T T T

Numb ===

Muscle cramp S S S

Tender Ö Ö Ö