

Healthcare – when new in Sweden

1 Ring 1177 for healthcare advice

The nurses speak English and Swedish. Open 24 hours.

2 Contact a Healthcare Centre (*Vårdcentral*)

Similar to a smaller hospital. Help is available from doctors and nurses. Advice on psychiatric problems is also available. You can ring **1177** to be redirected to your nearest Healthcare Centre.

3 Seriously ill or injured?

Go to the Hospital Emergency Centre (*Akutmottagningen Hallands sjukhus*). Ring 112 in an emergency situation!

Other healthcare

Dental care (*Tandvården*)

In Sweden there are special Dental Care Centres for when you are having problems with your teeth. You need to book an appointment.

Youth Clinic (*Ungdoms- mottagningen*)

For ages 13-23 years. Here you can speak to doctors, midwives and counsellors. You need to book an appointment.

Maternal Healthcare (*Kvinnohälsovården*)

For pregnant women. You can also receive advice on other areas of women's health. You need to book an appointment.

Child Healthcare (*BVC*)

For children aged 0-6 years. Health checkups and advice for parents. You need to book an appointment.

Rules and rights for asylum seekers

- Asylum seekers have the right to free healthcare if they are aged 19 years or under. Dental care is free up to and including the calendar year that you reach the age of 19.
- Adults have the right to emergency healthcare and dental care, and other health and dental care that cannot wait.

Good to know when you are new in Sweden

- If you are an asylum seeker please take your LMA card with you when applying for healthcare.
- If you need an interpreter please say so when booking your appointment.
- For more information in several languages:
www.1177.se/Halland/newinsweden

1177
VÅRDGUIDEN

Ring 1177 eller besök
www.1177.se. Dygnet runt.