

Patientinformation: Handhygien för patienter och besökare översatt till engelska.  
Vårdhygien Halland 2011-09-08

## ***Handhygiene for patients and visitors***

- **Patients**

Proper hand hygiene is important to prevent spread of infections.  
Wash your hands with soap and water before meals and after visit to WC.  
Dry your hands on a paper towel.  
If you use a textile towel it must be a personal one.

In the patient room and in the bathroom you will find handdisinfectant. Please use it.

**Do like this:** Fill your hand with disinfectant. Rub your hands until they are dry.  
Sometimes you will find single use towels with disinfectant to use instead.

- **Visitors**

Everybody is carrying bacterias even if you are well. It is very important to wash your hands before and after visits to a patient.

