# *Patient information about coronavirus (covid-19)*

# Information in the case of suspected or diagnosed covid-19

Our assessment is that you do not currently need to go to hospital

## Monitor your symptoms to see if they get worse

Covid-19 usually causes a moderate illness with mild respiratory symptoms and a fever. However, after this initial stage some people experience a worsening of their condition and also breathing problems, and need to be cared for in hospital.

It is therefore important that you pay attention during the next 1–2 weeks to the possible occurrence of symptoms such as **increased shortness of breath during mild exertion or any other deterioration in your health**.

**If your symptoms get worse or if you feel worried, contact your healthcare center or call 1177 for advice. In the event of acute, life-threatening symptoms, call 112.**

## You should isolate yourself for as long as you have symptoms.

When you are healthy again and have not had any symptoms for two days, the assessment is that you are no longer contagious.